

**Patient Initial Evaluation  
History & Physical Form**

**Pain Control Associates, L.L.C.**

Date: \_\_\_\_\_

\_\_\_\_\_  
Last Name                                      First Name                                      Date of Birth                                      Age

\_\_\_\_\_  
Referring Physician / Primary care Physician                                      Phone Number

Reason for the visit today: \_\_\_\_\_

How long have you had the problem: \_\_\_\_\_

Factors of complaint (How your pain or problem began): \_\_\_\_\_

**Current Medications (May Attach a list)**

| Name | Dose | # Per Day |
|------|------|-----------|
|      |      |           |
|      |      |           |
|      |      |           |
|      |      |           |
|      |      |           |

**Allergies (May attach a list)**

| Substance | Reaction |
|-----------|----------|
|           |          |
|           |          |
|           |          |

**Medical History and Review of Systems**

**Neurological**

- Seizures                       Yes     No
- Strokes                       Yes     No

**Diabetes Blood Sugar Values \_\_\_\_\_**

- Insulin Use                 Yes     No
- Hepatitis                     Yes     No

**Cardiovascular**

- Chest Pain                 Yes     No
- Heart Attack                Yes     No
- Irregular Heartbeat       Yes     No
- High Blood Pressure       Yes     No
- Anticoagulants             Yes     No
- Murmur                      Yes     No
- Blood Clots                 Yes     No

**Gastrointestinal**

- Ulcers                       Yes     No
- Reflux Disease             Yes     No

**Respiratory**

- Asthma                      Yes     No
- Emphysema                 Yes     No
- Tobacco Use                Yes     No
- (Type/ PPD)                Yes     No

**Ear, Nose & Throat**

- Nose bleeds                Yes     No
- Sinus                         Yes     No
- Hard of hearing             Yes     No
- Difficulty Swallowing     Yes     No
- Cataracts/Glaucoma       Yes     No

**Bowel / Bladder**

- Diarrhea                     Yes     No

**Psychosocial**

- Depression                 Yes     No
- Anxiety                      Yes     No

**Recreational Drug Use**

- Yes     No

**Alcohol Use**

Type / Amount \_\_\_\_\_

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Date: \_\_\_\_\_

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Please number and mark the **severity of pain** you are currently experiencing on a scale from 0 (no pain) to 10 (severe pain).

• Current pain:      /10      0 1 2 3  
4 5 6 7 8 9 10

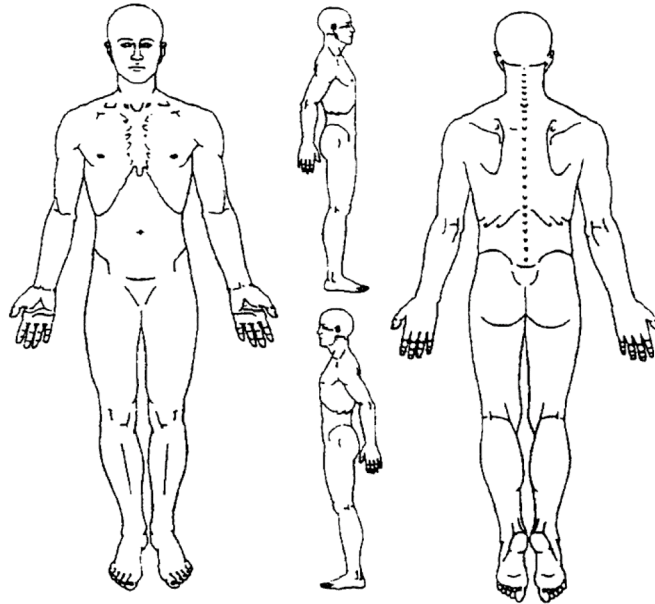
• Average pain:      /10      0 1 2 3  
4 5 6 7 8 9 10

(Visual Analog Pain Severity Scale)

Please describe the **type of pain** or sensation you are currently experiencing. (Check all that apply)

- Aching
- Burning
- Cramps
- Dull
- Numbness
- Sharp
- Shooting
- Stabbing
- Stiffness
- Swelling
- Throbbing
- Tingling
- Other, describe it: \_\_\_\_\_

Please mark on the diagram the location of the pain.



• When did the pain begin? \_\_\_\_\_ Any flare-ups since then? If so, when? \_\_\_\_\_

• What brought the pain on?  
 \_\_\_\_\_

• The pain  is constant  comes and goes. If it comes and goes, how often does the pain exist?  
 \_\_\_\_\_

And for how long?  
 \_\_\_\_\_

• Does it interfere with your  Work  Sleep  Daily Routine  Recreation  
 Other \_\_\_\_\_

• Activities or movements that are painful to perform:

Sitting  Standing  Walking  Bending  Lying Down  None  
 Other \_\_\_\_\_

• When and what makes it better?  
 \_\_\_\_\_

• When and what makes it worse?  
 \_\_\_\_\_

• Any prior injuries to the area of pain?  
 \_\_\_\_\_

• Have you seen another healthcare practitioner for the pain/condition? Yes / No

• If yes, who?  
 \_\_\_\_\_

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Pain Control Associates, L.L.C.

\_\_\_\_\_  
Last Name

\_\_\_\_\_  
First Name

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Age

**Medical History**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Surgical History:**

| Type of Surgery/Procedure | Dates |
|---------------------------|-------|
| _____                     | _____ |
| _____                     | _____ |
| _____                     | _____ |
| _____                     | _____ |

**Social & Work History**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Physical Exam:**

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Age: \_\_\_\_\_

Vitals: \_\_\_\_\_ P \_\_\_\_\_ R \_\_\_\_\_ T \_\_\_\_\_

Heart: \_\_\_\_\_ Lungs: \_\_\_\_\_

Extremities: \_\_\_\_\_

Abdomen: \_\_\_\_\_

Spine: \_\_\_\_\_

**Clinical Notes:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Imaging Studies:**

CT SCAN:  MRI:  EMG:  BONE SCAN:  X-Rays:

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_